

OUR PRAYERS
Allenbrooke Rehab
Merwin Gene Meyer 102D

Baptist Rehab
Hugh Rhodes 222

At Home
Juanita Galloway Earl Galloway
Kathryn Clark Jean McCarty
Marie Hughes Gerry & Gabe Colosia
Martha Wallace

OUR PRESENCE

January 23
Church School 55
Worship 91
Visitors 7

OUR GIFTS

January 23
This Week's Offering \$ 2,598
MTD \$ 13,679

OUR SERVICE

Assisting January 30

Greeters Jean DeLong
Audrey Weaver
Liturgist Bruce Hughes
Scripture Brother Paul
Children's Time Judy Stanley
Lock-up Neil DeLong

OUR WITNESS

February Scripture Readers

6 Brother Paul
13 Jane Hight
20 Lisa Hughes
27 Tom Lockhart

ALDERSGATE United Methodist Church
4459 Willow Road
Memphis, TN 38117-6917



The Flame

Information for the Family and Friends of Aldersgate U.M.C.

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E-mail: office@agumc.org

Fax: (901) 683-1374
Website: www.agumc.org

January 26, 2011

Volume 56 Issue 4

FROM THE PASTOR'S PEN

Speaking of human nature and divine nature in *The Purpose Driven Life*, Rick Warren says the problem with our human nature is that we "get distracted by minor issues." Then he explains: "We play Trivial Pursuit with our lives. Henry Thoreau observed that people live lives of 'quiet desperation,' but today a better description is aimless distraction. Many people are like gyroscopes spinning around at a frantic pace but never going anywhere. If you want your life to have impact, focus it. Stop dabbling. Stop trying to do it all. Do less. Prune away even good activities and do only that which matters most. Never confuse activity with productivity. You can be busy without a purpose, but what's the point?"

Peace and Grace,
Brother Paul

Scripture Reading for Jan. 30th

Psalm 15
Micah 6:1-8

Sermon Title

"What Is Required"

THE FLAME is a publication of Aldersgate United Methodist Church. The newsletter is published weekly. Please contact your local Postmaster if you are having difficulty with delivery

THE WEEK AHEAD

Sun., Jan. 30 - Sat., Feb. 5

Sun. 1/30	9:45a Church School 10:55a Worship
Mon. 1/31	Noon News Deadline
Tue. 2/1	No Activities
Wed. 2/2	6:00p Fellowship & Study 7:30p Choir Rehearsal
Thu. 2/3	10:00a Bible Study
Fri. 2/4	Offices Closed
Sat. 2/5	9:00a AFLS

FOR CHILDREN & YOUTH

Breakfast will be served on Sunday morning, Jan. 30, at 9:45 in our Sunday School Room. We have plans to make for this new year and we want your ideas. Hope to see all of you there!

Aleita Tutor
Perri Mathis

MUSIC @ NOON CONCERT SERIES FEBRUARY OFFERINGS AT BARTLETT UMC

- Feb 2 Rhodes College Jazz Combo led by Dr. John Bass
- Feb. 9 Jennifer Valesquez, organist at Independent Presbyterian
- Feb. 16 Donald Bennett, Union Ave. Baptist Music Director
- Feb. 23 Carol Craig, with original arrangements for keyboard

All concerts begin 12:10 and end at 12:40. A light lunch is available for purchase following each performance. More details at bartlettumc.org or 386-4563.

MANY THANKS

to these helpful and talented people:
...Aleita Tutor, Lorelle Woodard and Brother Paul for their assistance in putting up the Chrismon trees
...to Perri Mathis for replacing the bows on the Sanctuary wreaths and
...to Tom Lockhart & Jimmie Bedwell for building hangers to store the wreaths when not in use.
Your help is very much appreciated.



WE NEED YOUR INFO, PLEASE!!!

Recently we had the need to contact a loved one of a member but did not have the information required. If you have not given the church office emergency contact information for you and your family, please do so. There are forms available on the table outside the Sanctuary or you may call the office, 683-8861, with your information. We appreciate your assistance.



THE ST. OLAF CHOIR

...conducted by Anton Armstrong, will perform in Memphis at St. John's Episcopal Church, on Thursday, Feb. 10 at 7:30 p.m. This a cappella group is widely acclaimed and has toured annually since 1912, in such places as Europe, Asia, the Pacific Rim, South Korea, France, Germany, Norway, the United Kingdom and Ireland. Its one of our nation's best. You won't want to miss it!

UMW NEWS

Ladies, please turn in your Call to Prayer and Self-denial offering to our treasurer if you have not already done so, and see the notice on the office window about the mission study, "Mission and Evangelism", to be held at Crossroads UMC on Saturday, Feb. 19, led by Michael Blake, director of Reelfoot Rural Ministries. The Study will be from 9 to 2 with a soup and sandwich lunch provided, donation requested. See Margaret Ann for registrations forms. This is one of the 3 required studies for 2011.

We are planning a skit, in costume, for our March Unit meeting. If you would like to take a part, please let Aleda or anyone on the Program Committee know.

We have eliminated our April Executive meeting (unless a need arises) and our July meeting will be a planning session for our August study committee.



HOSPICE TRAINING - MARCH 5

Because of the intensely spiritual nature of working with the terminally ill, people who are actively involved in church often find this work fulfilling. You can be involved in this compassionate care. There's someone who needs your friendship.

Crossroads Hospice will provide training on Saturday, March 5, from 9 am to 2 pm. You may call Emily or Sandy, at 382-9292 or email them at:

Emily.stuart@crossroadshospice.com or Sandy.wilson@crossroadshospice.com, to register. Individual training is also available by request.

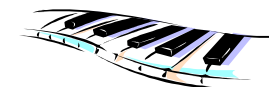
HONORING OUR LOVED ONES

Gifts have been given to
Scholarship Fund
In memory of Robert F. Wilson, Sr. by Tom & Sharon Lockhart

Memorial Fund
In memory of Robert F. Wilson, Sr. by Dorothy Wilson, Carol & Steve

ANGELFOOD CHANGE Please Note!

Due to the winter weather across the country, distribution will be on Sat., **Jan. 29**, from 10 to 11am. Call Rebeca Ernst, 484-7385, for information or to volunteer.



CHURCH HEALTH CENTER BENEFIT CONCERT COMING UP

An Afternoon of Piano Favorites
with Chris Nemec

in memory of Nelle Lewis

...can be enjoyed on Sun., Feb. 6, at 2 pm, at Hillwood at Davies Manor, 3570 Davieshire Dr., in Bartlett. Chris is currently Organist-Music Administrator and Director of Children's & Youth Music Ministries at Lindenwood Christian Church, where he has served for 27 years. Tickets are \$20 each or you may get 3 for a \$50 donation to Church Health Center. Tickets may be purchased in advance at Town Village Audubon Park, 950 Cherry Road, 537-0002, or at Davies Manor, 3570 Davieshire Dr., 386-0715. A quilt made by Nelle Lewis and the In-Stitches Quilt Guild, valued at over \$1500, will be given as a door prize. You need not be present to win.

Aldersgate UMC



February 2011

SUNDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		1	2	3 10:00a Adult Bible Study	4 Offices Closed	5 9:00a Arts For Life's Sake	
		6 9:15a Fellowship Time 9:45a Church School 10:55a Worship Service 2:00p Benefit Concert for Church Health Center @ Hillwood at Davies Manor	7 Noon News Deadline	8 10:00a Koinonia 7:00p Love/Hope	9 5:30p Angelfood Orders 6:00p Fellowship & Study 7:30p Choir Rehearsal	10 10:00a Adult Bible Study 7:30p St. Olaf Choir @ St. John's Episcopal Church	11 7:00p Grizzlies Gospel Night. Post-game concert by Tye Tribbet (Church members get discounted game tickets) Offices Closed
13 9:45a Church School 10:55a Worship Service 12:15p Valentine Banquet 12:30p Angelfood Orders 6:00p Women of Zion		14 Noon News Deadline Happy Valentine's Day 	15	16 6:00p Fellowship & Study 7:30p Choir Rehearsal	17 10:00a Adult Bible Study IMAX & Lunch 	18 Offices Closed	19 9 to 2 UMW Mission Study @ Crossroads UMC 9:00a Arts For Life's Sake 10:00a Angelfood Distribution
20 9:45a Church School 10:55a Worship Service		21 President's Day Noon News Deadline	22 Washington's Birthday	23 6:00p Fellowship & Study 7:30p Choir Rehearsal	24 10:00a Adult Bible Study	25 Offices Closed	26 9:00a Arts For Life's Sake
27 9:45a Church School 10:55a Worship Service		28 Noon News Deadline			Aldersgate United Methodist Church 4459 Willow Road Memphis, TN 38117 Pastor: Rev. Paul Scheirer Director of Music: Perry Wilson		Phone: (901) 683-8861 Fax: (901) 683-1374 Email: office@agumc.org Website: www.agumc.org



Happy Birthday

Feb. 1	Norris Gabriel
	Richard Morris
2	Lorelle Woodard
6	Selvin Lopez
7	Mike Robbins
8	Mark Lewis
11	Emma Fergie
	Donna Gallagher
12	Matthew Bedwell
	Gary Schneider
13	Billy Washington
15	Matt Rhea
19	Helen Griffin
20	Mike Bosi
22	Amy Smith
25	Emily Schneider
	Joey Tschume
27	Dean Shipley
28	Tyler Dunn



Please help us keep our records current. If there are any omissions or errors, please call the church office.



Happy Anniversary

Feb. 14 Ed & Judy Stanley



ASSISTING IN FEBRUARY

Greeters	Elizabeth Godbold
	Jeanette Leslie
Liturgist	Bruce Hughes
Scripture	Brother Paul
	Jane Hight
	Lisa Hughes
	Tom Lockhart
Children's Time	Tom Lockhart
Lock-up	Barry Mathis



B2 - Bit O' Blessing Box

Quantities are Limited. Orders filled on a first come, first serve basis.

- 3 lbs. Birds Eye Steamfresh Meals (2 x 24 oz. pkgs.)
- 2 lbs. IQF Boneless Skinless Chicken Breasts
- 2 lbs. Breaded Chicken Breast Bites
- 1 lb. 80/20 Ground Beef
- 1 lb. Pinto Beans
- 1 lb. Green Beans
- 20 oz. Shoestring Fries
- 7.5 oz. Skillet Meal
- 4 ea. Honey Buns

\$21.00
(plus sales tax where applicable)

B4 - Fast & Flavorful Cuisine

Convenience meals great for seniors and people on the go!

- Fettuccini Alfredo
- Fish Sticks
- Roasted White Chicken
- Sweet and Sour Pork
- White Chicken Tetrastini
- Pot Roast with Vegetables
- White Chicken Cacciatore
- Country Steak with Gravy
- BBQ White Chicken
- White Chicken and Gravy

\$28.00
(plus sales tax where applicable)

*specific meal details can be found at www.angelfoodministries.com

GLUTEN FREE!*

- #### B5 - Allergen Free Food Box
- 1 lb. Breaded Chicken Breast Nuggets
 - 1 lb. Breaded Chicken Tenderloins
 - 1 lb. Breaded Breast Fillet Patties
 - 1 lb. Breaded Boneless Chicken Wings
 - 1 lb. Breaded Cubed Steak

\$25.00
(plus sales tax where applicable)

B6 - Just 4 Me

After School Box

- An assortment of child-friendly snacks. Great for after school or any time.*
- 2 lbs. Fully Cooked Breaded Chicken Breast Pieces
 - 1.5 lbs. Mini Corn Dogs
 - 4 ea. 2.8 oz. Peanut Butter and Jelly Jamwich
 - 2 ea. 10 oz. Fully Cooked Mac & Cheese Pouches
 - 2 ea. 3 oz. Grilled Cheese Sandwich
 - 1 pk. CN Twin Breaded Chicken Sandwiches
 - 1 pkg. Pizza Bites
 - 2 pkgs. PB&J Graham Cracker Wafers
 - 1 pkg. 4.75 oz. Pancakes & Sausage
 - 2 ea. 3.4 oz. Watermelon Italian Ice
 - 2 ea. 3.2 oz. Raspberry Fruit Juice Sherbet

\$24.00
(plus sales tax where applicable)

B1 - Bread of Life Signature Box

Balanced nutrition and variety with enough food to help feed a family of four for about a week.

- 2 lbs. Hamburger Steaks (4 x 8 oz.)
- 2 lbs. IQF Boneless Skinless Chicken Breast Fillets
- 2 lbs. Macaroni & Beef Entrée
- 1 lb. Boneless Pork Chops (4 x 4 oz.)
- 1 lb. 80/20 Ground Beef
- 1 lb. Bake or Fry Crunchy Fish Bites
- 1 lb. Smoked Sausage
- 1 lb. Corn
- 1 lb. Green Beans
- 1 lb. Sugar Snap Peas & Carrots
- 14.1 oz. Diced Tomatoes
- 1 lb. Kidney Beans
- 1 pkt. Chili Seasoning Mix
- 8 oz. Buttermilk Biscuit Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. Shelf-Stable 2% Milk
- 1 dz. Eggs
- 8 oz. Chocolate Chip Cookie Mix

\$31.00
(plus sales tax where applicable)

B7 - Just 4 Me

No Child Goes Without

"Blessing America's Children, one Box at a Time"

- 10 ct. Instant Oatmeal (2 x 5 ct. Boxes)
- 7.5 oz. Beans & Wieners
- 7.5 oz. Cheezy Mac 'n Cheese
- 7.5 oz. Mini Beef Ravioli
- 7.5 oz. Spaghetti and Mini Meatballs
- 7.5 oz. Noodle Rings & Chicken
- 7.5 oz. Cheezy Mac 'n Franks
- 7 ea. Cereal Bowls (.75 oz. ea.)
- 1 ea. Peanut Butter (12 oz.)
- 1 ea. Pure Honey (12 oz.)
- 1 ea. Chunk Lite Tuna in Water (.5 oz.)
- 1 ea. Valley Fresh All White Chicken (.5 oz.)
- 6 pk. Applesauce
- 5 ea. Granola Bars (.25 oz. ea.)
- 32 oz. Shelf-Stable 2% Milk

\$24.00
(plus sales tax where applicable)

B8 - Just 4 Me

After School Fruit and Veggie Box

- 3 ea. Red Apples
- 3 ea. Granny Smith Apples
- 3 ea. Navel Oranges
- 3 ea. Pears
- 6-pk Applesauce
- 6-pk. Raisins
- 1 lb. Mini CA Cello Carrots
- 1 ea. Stalk, CA Sleeved Celery
- 3 ct. Microwave Popcorn

\$16.00
(plus sales tax where applicable)

Angel Food Ministries Reserves the Right to Substitute Any Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT). Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

FEBRUARY 2011 MENU

B3 - Bountiful Blessing Box

- 2 lbs. Hamburger Steaks (4 x 8 oz.)
- 2 lbs. IQF Boneless Skinless Chicken Breast Fillets
- 2 lbs. Macaroni & Beef Entrée
- 2 lbs. Breaded Chicken Breast Chunks
- 1.5 lbs. Fully Cooked Salisbury Steaks (8 x 3 oz., without gravy)
- 1.5 lbs. (avg.) Tyson Natural Chicken Breast Tenderloins
- 1 lb. Boneless Pork Chops (4 x 4 oz.)
- 1 lb. 80/20 Ground Beef
- 1 lb. Bake or Fry Crunchy Fish Bites
- 1 lb. Smoked Sausage
- 2 lbs. Cream of Broccoli Soup
- 2 lbs. Tomato Basil Soup
- 24 oz. Natural Cut Fries
- 1 lb. Corn
- 1 lb. Green Beans
- 1 lb. Sugar Snap Peas & Carrots
- 14.1 oz. Diced Tomatoes
- 1 lb. Kidney Beans
- 1 pkt. Chili Seasoning Mix
- 8 oz. Buttermilk Biscuit Mix
- 7 oz. Apple Cinnamon Muffin Mix
- 10 ct. Instant Oatmeal (2 x 5 ct. boxes)
- 32 oz. Shelf-Stable 2% Milk
- 1 dz. Eggs
- 8 oz. Chocolate Chip Cookie Mix

\$41.00
(plus sales tax where applicable)

S1 - FEBRUARY SPECIAL #1 \$25.00*

- 4 lb. Steak Special
- 4 lbs. Black Angus Sirloin Steaks (8 x 8 oz.)

S2 - FEBRUARY SPECIAL #2 \$18.00*

- 10 lb. Chicken Special
- 10 lbs. Breaded Chicken Breast Chunks

S3 - FEBRUARY SPECIAL #3 \$23.00*

Premium Fresh Fruit and Veggie Box

- 3 lb. bag Juice Oranges
- 3 lb. bag Tangerines
- 2 ea. Pink Grapefruit
- 1 ea. Golden Ripe Pineapple
- 1 ea. Mango
- 1 ea. Avocado
- 4 ea. Red Apples
- 1 lb. bag Kiwi
- 3 lb. bag Idaho Potatoes
- 3 lb. bag Sweet Potatoes
- 2 lb. bag Yellow Onions
- 1 head Green Cabbage
- AFM Fruit and Veggie Recipe Sheet

*all prices are plus sales tax where applicable

Orders Due/Distribution Day:
Contact Your Local Host Site

**Please contact your local host site for information or visit our website to locate a host site near you www.angelfoodministries.com*