

OUR PRAYERS

At Home

Aleda Kelly
John Griffin
Brandon Hight

Houston, TX

Jay Jones

Savannah, TN

Wanda Treece

St. Francis B'tlett

Sherry Mitchell 129

Chattanooga, TN

Randy Morris

OUR PRESENCE

April 25	Church School	49
	Worship	78
	Visitors	4

OUR GIFTS

April 25

Tithes & Plate Offering	\$	6759
Church School	\$	25
Total Rec'd	\$	6784

April MTD	\$	18686
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YTD apportionments	\$	5469
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OUR SERVICE

Assisting May 2

Greeters Ginny & Wayne Lawrence

Liturgist Bruce Hughes

Scripture Brother Paul

Children's Time

Lock-up Wayne Lawrence

May Scripture Readers

9 Dean Tutor

16 Jane Hight

23 Lisa Hughes

30 Brother Paul

ALDERSGATE United Methodist Church
4459 Willow Road
Memphis, TN 38117-6917

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The



Flame

Information for the Family and Friends of Aldersgate U.M.C.

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April 28, 2010

Volume 55 Issue 17

FROM THE PASTOR

I'd like to thank everyone for the prayers, cards, calls, and visits during my recent hospitalization. I have been dealing with this heart arrhythmia problem for about ten years and hopefully the new medication I am on will better manage the condition. It's frustrating because there is virtually nothing I can personally do to improve this chronic problem.

Like many things we have to deal with in our lives, I need just to turn this frustration over to God, and remember this is a minor medical problem. It is so easy to become overly focused on our own problems when others are dealing with life circumstances far greater than ours.

Peace and Grace,
Brother Paul

Scripture Reading for May 2

Revelation 21:1-6

Acts 11:11-18

Sermon Title

"Do We Hinder God?"



THE WEEK AHEAD

Sun., May 2 - Sat., May 8

- Sun. 5/2 9:15a Prayer Room
9:45a Church School
9:45a Caring for Aging Parents - FH
10:55a Worship
6:00p Women of Zion
- Mon. 5/3 Noon News Deadline
- Tue. 5/4 6:30p Girl Scouts
- Wed. 5/5 6:00p Angelfood Orders
6:00p Fellowship & Study
7:30p Choir Rehearsal
- Thu. 5/6 10:00a Adult Bible Study
11:30a Lunch & Bingo
- Fri. 5/7 Offices Closed
Church Women United @ Buntyn Presbyterian
- Sat. 5/8 9:00a AFLS in FH



GOLDEN CROSS ASSISTS WESLEY SENIOR MINISTRIES

The Golden Cross Key Women's Group will partner with Wesley Senior Ministries to enhance the lives of residents in Assisted and Independent Living facilities. Your willingness to help will make their outreach as advocates so much easier. Items may be left in the blue tub in the hall at the church.

- Paper Towels Toilet Paper
- Detergent Hand Soap
- Shampoo Window Cleaner
- Scouring Powder Disinfectant
- Stamps Tooth Brushes
- Toothpaste Combs
- Hair Brushes Lotion
- Deodorant Bath Powder



SPECIAL INSERT FOR MOTHER'S DAY



A special insert honoring mothers and special women in our lives will be placed in the bulletin for Mother's Day.

You may give an honorarium or memorial to the Aldersgate fund of your choice and all names honored will be listed on the insert. Gift forms will be in the Sunday bulletins or you may use the form below.

Honor Thy Mother

...or a special woman in your life.

Please complete this form and drop in the offering plate or return to the church office with your donation by Wednesday, May 5.

In honor of _____

In memory of _____

Given by _____

Please place gift(s) in _____ Fund

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MUFFINS FOR MOM

We will celebrate Mother's Day on May 9 at 10:30 a.m. with Muffins for Mom in the Fellowship Hall. The Sunday School classes are furnishing the muffins, juice and milk and coffee. Please use the form above to honor your Mom or a special lady for the Mother's Day bulletin insert.

THE FINCHERS ARE COMING

...to Aldersgate on Sunday, June 13, at 5:00pm. Mark this date on your calendar. You won't want to miss the wonderful music!

THANK YOU NOTES

Thanks to the Love/Hope Subgroup and the Oxford Class for the lovely shower for Annabelle Woodard, and thanks to all who came. She received so many nice gifts. The food was great and we all had a good time.
Lorelle Woodard

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A big THANK YOU to the Fellowship, Fidelis and Oxford Classes, Koinonia and Love/hope Subgroups for providing the funds for us to serve Wesley Foundation students at U of M, and Margaret Ann Ligon, Aleita Tutor, Lorelle Woodard and Margie Williamson for providing desserts and Aleita Tutor for helping serve. Rick Pinkston and the students were very appreciative and ready to dig in as soon as they finished their Bible study. Your generosity served dinner to 45 students and let them know that the United Methodist Churches in the Memphis area support them.
Sharon Lockhart



LUNCH & BINGO

Come on Thursday, May 6, 11:30 a.m. and join us for lunch and "Bingo for Paul".

Bring sandwiches, salad, or dessert, drinks will be furnished. Bring a white elephant prize or purchase a prize, and wrap all BEAUTIFULLY! You may bring more than one gift. Brother Paul had to miss our last bingo and was so unhappy. Let's make him happy and have a big group to enjoy the fun

FESTIVAL OF THE CHRISTIAN HOME

...is the week of May 9-15. Take this opportunity with your family to read the Upper Room and pray together, and have at least one meal a day together and relax and have fun with family members.

HONORING OUR LOVED ONES

Memorial Fund

In memory of Jerry Frame by
Kathryn Clark

Pew Cushions

In memory of Jerry Frame by
Joyce Kernodle

NEWS FROM THE TRUSTEES

...meeting on Apr. 18 to address the heating and air conditioning problems in the Sanctuary. We are exploring these options: move thermostat to back of Sanctuary; carpet the floor; install ceiling fans; place canopy over window in choir loft; replace the vents in the sanctuary; consult an architectural engineer; install another heat/air unit for the Sanctuary. Please be patient as we work through possibilities. This problem has been going on for years and we are working to make the worship hour as comfortable as possible.



ANGELFOOD INFO

Orders for May will be taken on Wed., May 5, from 6 to 7pm and Sun., May 9, from 12:30 to 1:30 p.m. Distribution will be on Sat., May 15, from 10 to 11am.

There are no applications or qualifications to place an order. Everyone is eligible. Simply place and order with the host site. Food stamps are accepted. Orders must be picked up with exact change.

Volunteers are needed to assist with orders and distribution. Call Rebeca Ernst, 484-7385, to volunteer or for more information.



THOUGHT FOR THE WEEK

Opening a window to heaven is as easy as saying a prayer.

Aldersgate UMC



May 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Phone: (901) 683-8861 4459 Willow Road Pastor: Rev. Paul Scheirer Music Director: Perry Wilson		Fax: (901) 683-1374 Memphis, TN 38117 Email: office@agumc.org Website: www.agumc.org		<p align="center">“Joseph and the Amazing Technicolor Dreamcoat”</p> Presented by United Methodist Neighborhood Centers & Theatre Memphis on Tuesday, June 1. Buffet and Silent Auction begin at 6 p.m. Curtain goes up at 7:30 p.m., at Theatre Memphis, 360 Perkins Extended. Tickets may be purchased prior to May 1 by calling Sharon Lockhart at 754-3429.			1 9:00a Arts For Life’s Sake <hr/> UMW Assembly - St. Louis
2 9:15 Prayer Room 9:45a Church School 10:55a Worship Service 6:00p Women of Zion →	3 Noon News Deadline	4 6:30p Girl Scouts	5 6:00p Angelfood Orders 6:00p Fellowship & Study 7:30p Choir Rehearsal	6 National Day of Prayer 10:00a Adult Bible Study 11:30a Lunch & Bingo 	7 Church Women United @ Buntyn Pres. Offices Closed	8 9:00a Arts For Life’s Sake	
9  9:45a Church School 10:30a Muffins for Mom 10:55a Worship Service 12:30p Angelfood Orders	10 Noon News Deadline	11 10:00a Koinonia/Rebekah 6:30p Girl Scouts 7:00p Love/Hope	12 6:00p Fellowship & Study 7:30p Choir Rehearsal	13 10:00a Adult Bible Study 6:00 Non-mbr Gathering	14 Offices Closed	15 Armed Forces Day 9:00a Arts For Life’s Sake 10:00a Angelfood Distribution 	
16 9:15a Prayer Room 9:45a Church School 10:55a Worship Service 12:15p Finance Committee	17 Noon News Deadline	18 6:30p Girl Scouts 	19 6:00p Fellowship & Study 7:30p Choir Rehearsal	20 10:00a Adult Bible Study	21 Offices Closed	22 9:00a Arts For Life’s Sake	
23 Pentecost Sunday 9:15a Prayer Room  9:45a Church School 10:55a Worship Service 12:15p Missions/Outreach	24 Aldersgate Day Noon News Deadline	25 6:30p Girl Scouts	26 6:00p Fellowship & Study 7:30p Choir Rehearsal 	20 10:00a Adult Bible Study	28 Offices Closed	29 9:00a Arts For Life’s Sake	
30  9:15a Prayer Room 9:45a Church School 10:55a Worship Service	31 Memorial Day (Observed)  Offices Closed	<p align="center">O Lord, open my eyes that I may see the needs of others; open my ears that I may hear their cries; open my heart so that they need not be without succor. Show where love and hope and faith are needed, and use me to bring them to those places. Open my eyes and ears that I may be able to do some work of peace for thee. Alan Patton</p>					



Happy Birthday

May	1	Norma Park
	2	Ezekiel Robertson
	4	Carrie Bennett
	5	Joan Oyoo
	6	Mike Kelly
	14	Carol Bosi
		Martha Meyer
	15	Earline Gabriel
	28	Emmett Smith
	31	Chris Bond



Happy Anniversary

May	16	Ben & Pat Carr
	19	Bruce & Lisa Hughes
		Dan & Brooke White

ASSISTING IN MAY

Greeters	Ginny Lawrence Wayne Lawrence
Liturgist	Bruce Hughes
Scripture	Brother Paul Dean Tutor Jane Hight Lisa Hughes Brother Paul
Children's Time	
Lock-up	Wayne Lawrence

Please help us keep our records current. If there are any omissions or errors, please call the church office or email office@agumc.org

Signature Box

Balanced nutrition and variety with enough food to assist in feeding a family of four for a week.

- 1.5 lb. Rib-Eye Steaks (4 x 6 oz.)
- 2 lb. Lasagna Dinner Entrée
- 1.5 lb. Breaded Fish Fillets (12 ct.)
- 1 lb. Lean Ground Beef
- 1 lb. Lean All White Meat Chicken Sausage (Mild Italian)
- 1.5 lb. Country Fried Steak (4 x 6 oz.)
- 14 oz. - 16 oz. Hickory Smoked Center Cut Ham Steaks
- 1 lb. Frozen Peas & Carrots
- 1 lb. Frozen Broccoli Florets
- 1 lb. Frozen Sliced Zucchini
- 15 oz. Baked Beans
- 24 oz. Natural Cut French Fries
- 1.3 lb. Frozen Fruit Medley
- 2 lb. Fresh Vidalia Onions
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

\$30.00

Convenience Meals

Great for seniors and people living with diabetes!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens and people living with diabetes in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Mesquite Chicken with Southwest Rice Blend, Black Beans, Mesquite BBQ Sauce, Carrots & Green Beans (13.2 oz.)
- Salisbury Steak & Gravy with Red Skin Potatoes, Peas & Carrots and Cauliflower (12.9 oz.)
- Country Herb Chicken with Mashed Potatoes, Sauce, Broccoli & Green Beans and Red Pepper Blend (13.2 oz.)
- Chicken Parmesan with Fettuccini Noodles, Cheese, Marinara Sauce, Zucchini & Red Peppers and Brussels Sprouts (13.4 oz.)
- Meatloaf & Gravy with Mashed Potatoes, Peas & Carrots and Cauliflower (12.9 oz.)
- Chicken Teriyaki with Fried Rice Blend, Teriyaki Sauce, Sugar Snap Peas and Carrots (13.4 oz.)
- Chicken & Noodles with Carrots, Peas, Creamy Sauce, Corn and Brussels Sprouts (15.1 oz.)
- Swedish Meatballs with Malfada Pasta, Sauce, Broccoli & Carrots and Red Peppers and Onions (13 oz.)
- Fettuccini Alfredo with Fettuccini Noodles, Broccoli, Carrots, Alfredo Sauce, Zucchini & Red Peppers and Brussels Sprouts (13 oz.)
- Beef Stew with Potatoes, Carrots, Celery, Onions, Brussels Sprouts, Corn and Red Pepper Blend (15.3 oz.)
- Variety of Desserts and Snacks

\$28.00

5 lb. Allergen-Free Food Box

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- 1 lb. Breaded Chicken Breast Chunks
- 1 lb. Breaded Chicken Tenders
- 1 lb. Breaded Cubed Steak
- 2 lb. Breaded Chicken Drumsticks

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives and oleoresin paprika. Breading is pre-browned in Canola oil.

\$23.00

6.4 lb. Premium Seafood Variety Box

- 1.1 lb. Crab Cakes (5 ct.)
- 1.3 lb. Haddock Fillets
- 1.5 lb. Crunchy Popcorn Shrimp
- 1 lb. Breaded Clam Strips
- 1 lb. Medium Raw Shrimp
- 8 oz. Mahi-mahi (2 x 4 oz.)

\$35.00

Just 4 Me – After School Box **\$24.00**

An assortment of child-friendly snacks. Great for after school or any time.

- 1.5 lb. Fish Sticks
- 1 lb. Popcorn Chicken
- 2 each Pepperoni Pizza (6.5 oz. each package)
- 2 each Peanut Butter and Jelly Jamwich (2.8 oz. each)
- 15.6 oz. Pepperoni Stuffed Breadsticks
- 2 each Twin Charbroil Hamburgers with Cheese (3.7 oz. each package)
- 2 each PBJ on Graham Wafer (2.2 oz. each)
- 1.5 lb. Mini Corn Dogs
- 7.2 oz. Mini Moon Pies (6 ct.)

Just 4 Me – After School Fruit & Veggie Box **\$16.00**

An assortment healthy fruit snacks especially for kids.

- 3 Red Delicious Apples
- 3 Fancy Oranges
- (4) 2 oz. packs Celery Sticks
- 1 lb. Premium Whole Peeled Baby Carrots
- 4 Chewy Granola Bars
- 12 oz. Peanut Butter
- 3 Granny Smith Apples
- 3 D'Anjou Pears
- (1) 6-pack Raisins

MAY SPECIAL #1

- 6.4 lb. Assorted Meat Grill Box **\$23.00****
- 1.5 lb. Bone-In New York Strip Steaks (2 x 12 oz.)
- 2 lb. Baby Back Ribs
- 1.5 lb. Hamburger Patties (4 x 6 oz.)
- 1.5 lb. Mild Italian Sausage with Cheese

MAY SPECIAL #2

- 4 lb. Steak Box **\$22.00****
- 4 lb. Sirloin Strip Steaks (8 x 8 oz.)

MAY SPECIAL #3

- 12 ct. Gourmet-Flavored Chicken Breast Box **\$19.00****
- 4 Mesquite Chicken Breast (6 oz. ea.)
- 4 B-B-Q Chicken Breast (6 oz. ea.)
- 4 Italian Chicken Breast (6 oz. ea.)

MAY SPECIAL #4

- 4 for 4 Family Meals **\$35.00****
- 4 complete meals with all you need to feed a family of 4.

- Beef Tips and Gravy - 1.5 lb. Beef Tips and Gravy, 1 lb. Egg Noodles, 1 lb. Vegetable Blend (zucchini, carrots, Italian beans and cauliflower)
- Split Whole Chicken - 3 lb. (avg.) Whole Split Chicken, 1 lb. Stir Fry with Vegetables, 1 lb. Green Beans
- Choice Roast Beef - 1.5 lb. Choice Roast Beef, 1.5 lb. Potato Medley, 1 lb. Green Beans
- Baby Back Ribs - 2 lb. Baby Back Ribs, 1 lb. Corn, 1 lb. Green Beans

May is National Salad Month!

Why not celebrate with a Premium Fresh Fruit and Veggie Box from Angel Food?

MAY SPECIAL #5

Premium Fresh Fruit and Veggie Box **\$22.00**

- 1 head Cello Lettuce
- 1 head Sleeved Romaine Lettuce
- 1 lb. bag Fresh California Carrots
- (1) 6 oz. pack Radishes
- 1 Red Onion
- (1) 5 oz. bag Fresh Gourmet Salad Croutons
- 1 (16 oz.) Salad Dressing
- 3 lb. bag Idaho Potatoes
- 2 lb. bag Jazz Apples
- 3 lb. bag Oranges
- 1 Package Roma Tomatoes
- 6 California Lemons

Orders taken at Aldersgate Wed 5/5 6-7p; Sun 5/9 1230-130p

Distribution Day: **Saturday, May 15**

*Please note that some host sites have earlier order deadlines.

Please contact your local host site for information. Visit our website to locate a host site near you
www.angelfoodministries.com