

## OUR PRAYERS

### HealthSouth-Union

Joan Clark 215A

### The Med

Cody Hubbard Rehab A321

### Camden Health & Rehab

Gabe Colosia 508A

### At Home

Earline Gabriel

Bryant Murphy

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## OUR PRESENCE

### June 19

Church School 53

Worship 77

Visitors 9

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## OUR GIFTS

### June 19

Total Rec'd \$ 4,488

MTD \$ 13,813

Apportionments TD \$ 11,600

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## OUR SERVICE

### Assisting June 26

**Greeters** Lou Pennington  
Sue Swett

**Liturgist** Bruce Hughes

**Scripture** Barry Mathis

**Children's Time** Richard Hall

**Lock-up** Wayne Lawrence

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## OUR WITNESS

### July Scripture Readers

3 Brother Paul

10 Warren Petty

17 Judy Stanley

24 Dean Tutor

31 Brother Paul

ALDERSGATE United Methodist Church  
4459 Willow Road  
Memphis, TN 38117-6917



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# The Flame

## *Information for the Family and Friends of Aldersgate U.M.C.*

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## FROM THE PASTOR'S PEN

Discipline is the other side of discipleship. Discipleship without discipline is like waiting to run in the marathon without ever practicing. Discipleship without discipline is like always practicing for the marathon but never participating.

It is important, however, to realize that discipline in the spiritual life is not the same as discipline in sports. Discipline in sports is the concentrated effort to master the body so that it can obey the mind better. Discipline in the spiritual life is the concentrated effort to create the space and time where God can become our master and where we can respond freely to God's guidance.

--Henri J. M. Nouwen, *Bread for the Journey*

Peace and Grace,  
Brother Paul

### Scripture Reading for June 26<sup>th</sup>

Psalm 13

Genesis 22:1-19

### Sermon Title

"The Ability to Forgive"

## THE WEEK AHEAD

|           |  |
|-----------|--|
| Sun. 6/26 | 9:45a Church School<br>10:55a Worship<br>12:15p UMW Unit Meeting |
| Mon. 6/27 | Noon News Deadline   |
| Tue. 6/28 | No Activities  |
| Wed. 6/29 | 7:30p Choir Rehearsal  |
| Thu. 6/30 | 10:00a Bible Study   |
| Fri. 7/1  | Offices Closed   |
| Sat. 7/2  | 9:00a AFLS   |
| Sun. 7/3  | 9:45a Church School<br>10:55a Worship                            |
| Mon. 7/4  | Independence Day<br>Offices Closed                               |



## READY, SET, GO - JULY 10 TO THE CHURCH PICNIC

It will be a special day for our church family as we gather in the COOL Fellowship Hall immediately after worship to enjoy a wonderful picnic lunch. Come ready to enjoy the fellowship, dressed casually in red, white and/or blue to enhance our patriotic theme, and enjoy lunch picnic-style WITH NO FLIES! The church will furnish the chicken, rolls and drinks. SS Classes will bring the following items:

Oxford - baked beans and deviled eggs  
Current Events - fruits and salads  
Fidelis - desserts

Fellowship - potato salad and slaw

If you are not in a Sunday School class, you may bring any of the above or food of your choice.



## CONGRATULATIONS

...to Pamela Askew, a teacher at Willow Oaks Elementary, who is one of the excellent teachers to receive Memphis City Schools' first annual Prestige Award! This award recognizes professionalism and excellence in teaching throughout the City School system. Thank you to all Willow Oaks teachers for their work and dedication. Have a wonderful summer!

## THANK YOU

Thanks to each of you who made a special effort to honor your father this Father's Day. A special thank you to the Sunday School Classes for their contributions for Donuts for Dad.

## LOST AND FOUND

A small earring with a yellow stone and green band has been found in the Sanctuary. Call the office if it is yours, 683-886.



## THE UPPER ROOM

...for July/August is now available on the tables outside the Sanctuary.

## UMW NEWS

Our box for Methodist Hospital Auxiliary is filling up. Some items have been added to the list of needs, so check the office window for the latest update.

Our speaker for the June 26th Unit Meeting, Pat Winburne, is president of the Crossroads UMW and has served as a District officer as well as Conference treasurer. Make plans to stay for lunch and hear Pat tell us about MHA. If your group is not already 100% for MHA, now would be the perfect time to do so.

So far, only one person is going to CMEE next month. It will be a nostalgic time, the last meeting we will have at Lambuth. All are encouraged to attend.

Marcelle & Aleda are already working on the Spiritual Growth Study to be given the last two Tuesdays in August.

Remember our last Unit Meeting when we had skits that portrayed our history? Prepare for another change in structure as pointed out in the June issue of Response: "Ready for Our Next Hundred Years in Mission".

## THOUGHT FOR THE WEEK

ASAP - Always Say A Prayer



## GOING PLACES

### Fall Foliage Tour...Sept. 26-Oct. 6

Maine, New Hampshire, Vermont, Pennsylvania, New York and Ohio offer some of the most beautiful scenery during the fall. Brochures for this tour are on the bulletin board or call Carolyn for details or to reserve your place.



## ARE YOU READY?

Its time to get the entire family involved—and prepared—for emergency situations. The website, ReadyShelby.org has great information to assist in the planning and preparations process.

There are suggestions for emergency first aid supplies, for a "go bag" for each family member, for an emergency supply kit and for taking care of pets.

Do you have copies of important documents, i.e. insurance policies, food or drug allergies, prescription meds, identification and bank account numbers, kept some where besides your home?

Do you have enough non-perishable food items to feed your family and pets for a minimum of 3 days?

If your family tent camps, can you readily access your tent, camping equipment and supplies?

Do you have emergency cash available in small bills and change?

Do you know about your workplace emergency procedures and response plans and the same for your children's school?

Do you have a friend or relative out of the area for family members to call to say they are OK?

Many of these things are easy to do and can offer peace of mind in case of emergency. Check out the ReadyShelby.org website for more ideas.